

# Okayama Prefecture: Delta Variant Cautionary Period

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Let's protect each other and keep infections to a minimum~

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Okayama Prefecture:  
Delta Variant Cautionary Period

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① **Period:** Wednesday, July 21st - Tuesday, August 31st

② **Area:** All areas of Okayama Prefecture

● **Requests for Prefectural Residents**

- Get through the summer by following the three "Okayama Rules" and abiding by the "Summer Mask Code"
- Refraining from entering restaurants that do not thoroughly follow the prevention measures
- Avoiding large numbers of people, length of get-togethers and following dining mask code when taking part in dinner parties (including barbecues)
- Refrain from showing up to work, attending school, and getting examined by a doctor in the case that you have even the slightest symptoms.
- Taking part in the New Lifestyle
- Being mindful of heat stroke and ventilating even when using the air conditioner
- Vaccinations have proved to prevent infections, pathogeny and severe illness, so please get vaccinated if you haven't already!



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# Get through the summer ! The 3 Okayama Rules



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★ Continue to avoid the **3** C's

★ Avoid high risk areas when traveling or returning home for Obon and Summer Vacation, and carefully manage your health for **2** weeks after traveling

★ Even after vaccination, the use of just **1** mask will help you protect yourself as well as your loved ones

**Protect Each Other! Move Closer to **0** Infection Risk!**

※High Risk Areas : Areas enforcing Emergency Special Measures and Priority Infection Prevention Measures

# Rules in Consideration for Others: The Summer Code

– Prevent infection and heatstroke by making wise decisions and showing restraint –



~Protect each other, protect your precious families, protect the workers of the prefecture. Spread that kindness to the workers in the medical field as well~

## ○ When chatting: “masked chatting”

People have a tendency to let their guard down while on break, so be sure to pay extra attention during such times.

**Case①** Infections occurring from chats had while in the dressing room or at the smoking area

## ○ When eating: “masked meals”

Only remove your mask when eating or drinking, including outdoor meals

**Case②** Meeting up with 5 friends and their families for a barbecue, resulting in all members getting infected.

## ○ If you go to karaoke, wear a mask.

And don't forget to disinfect the mic!

**Case③** Doing daytime karaoke by yourself for about an hour, resulting in you as well as the shopkeeper getting infected

## ○ Masking up at home

Do this for two weeks in the case that you are residing with family that has visited or has come from areas with high infection rates.

**Case④** College students visiting home from areas with high infection rates, resulting in their parents and grandparents getting infected

**Prevent heatstroke by removing your mask during times that you have a distance of 2 meters between you and others while outside!**